



# Ark Blacklands Primary Academy PE and Sports Premium Report 2021-2022

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>The Sports Day Challenge was a great success last year. During lockdown, all Ark schools competed against each other to travel around the world. All children had their own passport card, whereby they recorded their distance travelled each day. Families were encouraged to take part to make as many active journeys as possible. Classes during lockdown were regularly taking part in creative running activities – together with those at home. It built a fantastic sports community spirit for all.</li> <li>Over the last year we have implemented Yoga into EYFS, Year 1 and Year both in school and online. It was developed to meet the skills progression statements of dance and gymnastics. Also, to help combat and improve children’s mental health and wellbeing. This was successful in improving gross motor skills and children’s stability as well as providing a tool for relaxation. We had positive feedback from children and parents.</li> <li>Over recent years, there has been a real drive for sport within Ark Blacklands and we have an excellent record of supporting children of all abilities and backgrounds in sport. Blacklands is a 3-form entry school with a history of excellent success in sport; it has a strong competitive sporting history, particularly in indoor and outdoor athletics, hockey, tag rugby, cross country and both girls’ and boys’ football. We want every child to be able to access a rich and varied sporting experience. Teachers are exceptionally well trained and are superbly supported by experienced coaches, all of whom work within local businesses from the local area of Hastings.</li> <li>Over the past few years Blacklands has been very successful within a range of competitive sports. Sport for girls has always been one of our priorities and the girls have been an integral part of the academy’s success.</li> <li>Town Sports Athletics, which involves up to 20 primary schools each year in also a strong tradition within the school. Prior to Covid, Blacklands had managed to lift the trophy for the previous 9 years running. Quad Kids is another key event for gifted athletes (4 boys and girls) each compete in 5 disciplines. Blacklands has qualified for the School Games County Finals 7 times in the past 8 years – winning silver and bronze at the finals.</li> <li>Recently, Blacklands have competed within Hockey to significant success. Over the past 3 years Blacklands has won the area finals twice and competed in the County Finals and School Games. Our tag rugby teams are also a mixed team of boys and girls. They compete in tag rugby festivals and tournaments throughout the year and are currently undefeated, having won all their games over the past 3 years.</li> </ul>	<p>Further development of a progressive PE curriculum and staff skill set in teaching it. Teachers have support from a 6Love coach for half the year to develop their teaching of PE side-by-side.</p> <ul style="list-style-type: none"> <li>Continued development of lunchtime participation through 6Love support and improvements in equipment available and training of MDSA staff in leading games/sporting activities.</li> <li>Four Square has been a particular success this year in years 5 and 6. Development of playground for purposeful play through provision of new markings. Year ¾ area for the four square already in progress.</li> <li>Continued use of the new MUGA has provided increased space and superior surface for sports.</li> <li>Increased number of afterschool clubs included funded places for vulnerable pupils’ courtesy of HOA grant.</li> </ul>

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| <ul style="list-style-type: none"> <li>• ScootFit was successfully introduced to our curriculum two years ago, where children will develop their scooting skills and general overall fitness. It continues to go from strength to strength. All children have access to their own scooter and are then coached to make their way around a course of obstacles, including ramps. Not only has this created immense enjoyment but it has greatly improved children's awareness and understanding of safety while scooting. Refresher training has been given this year and it is our intention that regular training is given to current and new staff on a rolling basis.</li> <li>• Year 5 children take part in a high-quality dance performance at a local theatre for up to 30 children, which is made possible through excellent links with Ark Alexandra Academy and their excellence in dance. Last year a year 1 class performed at the Time 2 Dance Festival at the White Rock Theatre. Teams also take part in tennis, golf and orienteering throughout the year.</li> <li>• Breakfast Sports Club was introduced last year focusing on pupil premium and more vulnerable children. However, the uptake was not as successful as predicted. We have instead focused our efforts on lunchtime and afterschool clubs, where 6-Love coaches deliver zoned and planned multi-skills clubs at lunchtime on Tuesday, Wednesday and Friday for a variety of timetabled year groups.</li> <li>• Recently we have added an extra 25-minute session to enable Y1/2 and Y3/4 have more access to this provision in addition to Y5 and Y6.</li> <li>• Running club has been introduced on a Monday lunchtime to engage more children in active sport across years 3,4,5 and 6.</li> <li>• Although we have mainly only competed within school this year, during lunchtimes, a gifted and talented competitive sports club is targeted at 30 gifted boys and girls to encourage and extend their achievement in sport. This is currently focused on tag rugby, hockey, athletics, netball and football later through the year. Key targets are to challenge these children's abilities and develop ARK Blacklands competitiveness within these areas.</li> <li>• Football Fridays continue to be a success, whereby up to 100 children from Y3,4,5 and 6 are participating in football activities throughout lunchtime.</li> </ul> | <ul style="list-style-type: none"> <li>• Our aim is to also further develop our active provision for those children who do not necessarily wish to engage with competitive sport.</li> <li>• Launch of the daily mile to increase activity rates of all pupils and their mental health and wellbeing through a reward system for miles completed.</li> <li>• Launch a sports leader's representative devised of pupils to support the implementation of new PE strategies.</li> <li>• Harry Osborne to support with running club. Meagan Sagar to launch circuit training with lower KS2 and Kim Bates to launch netball club with year 5 and year 6.</li> <li>• Tom Smith to continue to lead girl's football sessions once a week at lunchtimes. Louis will offer a range of lunchtime activities for all year groups, from year 2 upwards.</li> </ul> |
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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your children may swim in another year please report on their attainment on leaving primary school.	71%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	63%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	75%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	No

## Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2021/22		Total fund allocated: £27,472.06	Date Updated: July 2021	
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 35%
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Develop lunchtime and after school sporting activities to increase pupil participation in daily exercise.  Launch year group bubble after school sports club to increase participation in sport.  Develop teacher expertise in the teaching of PE.	We are employing a sports coach to provide quality coaching and sporting activities at lunchtimes. Teachers also benefit from side by side learning from professional coaches.  6-Love sports Academy <ul style="list-style-type: none"> <li>• Four full afternoons of targeted PE support for teachers and children, including Monday, Tuesday, Wednesday and Friday Lunchtime support</li> <li>• 4 afternoons of after school clubs.</li> </ul> Training of MDSAs in sporting activities.	£9,620	<ul style="list-style-type: none"> <li>• Increased participation in coach led activities at lunchtime</li> <li>• Pupil voice survey</li> <li>• Club attendance registers</li> <li>• After school club attendance registers show participation that continues the current level of engagement.</li> <li>• Continued increase in the amount of pupil premium children currently accessing sport at lunchtimes and after school.</li> </ul>	Teachers all teach PE throughout the year to have the opportunity to put into practice the skills they have learnt with coaches.  A rolling programme of MDSA training will be planned for INSET days to further develop leading and coaching skills.  Send out a survey to ask teachers what they would like support with in teaching PE and tailor training to meet that need.

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				45%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>Build a Sensory trail and problem-solving activity course/area to allow pupils to practise problem solving and leadership skills. Able to work towards Sports Leadership Award.</li> <li>Re-design and relaunch of PE curriculum in line with our new broader curriculum.</li> <li>Targeted campaign on improving health through fitness activities- aimed at KS2 to combat childhood obesity.</li> <li>Launch the daily mile activity to encourage increased activity levels in pupils.</li> <li>Allow students to participate in the Sports Leadership Award from the School's sports partnership.</li> <li>Elect a sports leader(s) from each class to support the school with the launch of new fitness initiatives.</li> </ul>	<ul style="list-style-type: none"> <li>Seek tender from bidders on building a sensory trail.</li> <li>PE lead to research and source new curriculum guidance and deliver to teachers in a CPD session.</li> <li>PE lead to improve current curriculum by visiting and liaising with other school on what their curriculum entails.</li> <li>Launch fitness club and campaign. Supported by school sports leaders.</li> <li>Elect fitness ambassadors from year 6 as a committee to support with the launch.</li> <li>Pupils will embark in a range of problem solving and leadership skills activities. Some of these will take a maths and science focus.</li> <li>Promote the daily mile track at breaktime or afternoon session times and launch incentive reward system if they complete the daily mile.</li> </ul>	<p>Sensory trail &amp; problem-solving activities £12,402</p> <p>Reward cards and system: £50</p> <p>Sports leaders badges- £22.00</p>	<ul style="list-style-type: none"> <li>Team building, sensory and problem-solving logic zones to develop an active lifestyle linked to our curriculum. As well as pupils working towards their sports leadership awards by practising the necessary skills needed for this. To build resilience, team-work and oracy skills for communication.</li> <li>Purposeful and progressive PE curriculum in place, based on the development of skills progression across the school.</li> <li>Evidenced in lesson observations and learning walks.</li> <li>Teachers deliver well planned lessons based on the skills they learnt during CPD.</li> <li>Increased levels activity levels in KS2- survey to check impact.</li> <li>A daily mile can help improve a child's fitness (9% increase) 5,9,11,13, leg strength (5%</li> </ul>	<p>Build in rolling programme for all teachers to develop training in different aspects of indoor and outdoor learning.</p> <p>Training for MDSAs to support the children with their team building skills in new problem solving zones.</p> <p>The track will be used regularly by all classes and provide a sustainable resource. Timetable for use in place.</p> <p>Pupil tracking their improved fitness to be considered.</p> <p>Elect pupil's sports leader to help support the implementation of new fitness strategies. Gives the pupils a voice via their sports rep</p>

			<p>increase) and body composition (4% reduction in body fat).</p> <ul style="list-style-type: none"> <li>Helps children achieve a third of WHO's recommended daily physical activity target.</li> </ul>	
<p><b>Key indicator 3:</b> Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>				<p>Percentage of total allocation:</p> <p>2%</p>
<p>School focus with clarity on intended <b>impact on pupils:</b></p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>
<ul style="list-style-type: none"> <li>CPD training for teachers for indoor PE- dance and gymnastics.</li> <li>Developmental training for NQTs and any new trainees</li> <li>Primary Link Teacher Training, whole day release.</li> <li>Scotfit top up training</li> </ul>	<ul style="list-style-type: none"> <li>CPD- dance specialist to improve teacher subject knowledge of these.</li> <li>CPD session lead by PE Lead/outdoor learning lead on gymnastics.</li> <li>Included in membership of Hastings and Rother Sports Partnership.</li> <li>PE Lead to conduct top-up Scotfit sessions for new teachers and other staff who need a refresh.</li> </ul>	<p>Dance teacher lead CPD- £150</p> <p>£500 supply cover</p>	<ul style="list-style-type: none"> <li>Increase in staff confidence to deliver PE lessons.</li> <li>Well-planned PE lessons which incorporate the skills progression.</li> <li>Increased confidence to lead gymnastics and dance as well as following the skills progression document.</li> </ul>	<p>Further develop role of PE lead and ability to deliver in school training as part of ongoing school CPD.</p> <p>Scotfit will make sure it follows a well sequenced and progressive lesson plan for the term.</p> <p>Teacher staff will feel confident to teach Scotfit and use the equipment.</p> <p>Gymnastics and dance will follow the progression of skills document.</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation: 12%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>Develop a wider range of sporting activities that are available to children at school</li> <li>Introduce yoga as an initiative to improve child mental health and wellbeing as well as fitness.</li> <li>Yoga instructor to lead teacher CPD</li> <li>Relaunch the outdoor gym areas by providing training to staff and allowing regular access to pupils for use. Also, integrated lunchtimes, playtimes and PE lessons.</li> <li>Reverse Pent Shed- 'To purchase additional outside storage to enable PE equipment to be stored easily and ensure accessibility to maximise lesson time. New storage will enable PE and outdoor school equipment to be stored safely and efficiently</li> <li>Launch the daily mile activity to encourage increased activity levels in pupils.</li> </ul>	<ul style="list-style-type: none"> <li>Purchase of new PE equipment</li> <li>Broaden after school club offer (Funding available for disadvantaged pupils to ensure participation).</li> <li>Town sports membership</li> <li>Training instructor to come in and deliver CPD to teachers <a href="https://yoga-in-schools.co.uk/schools/">https://yoga-in-schools.co.uk/schools/</a></li> <li>Lead training session on how to use the equipment safely and make a timetable of usage.</li> <li>Extra storage for new PE equipment, which is easily accessible when teaching PE and allows a wider range of sports to be offered.</li> <li>Launch the daily mile by using a stamp reward card system. After each 5 miles a certificate is earned. Add up total as a class- class with the most miles clocked up in a term earns an extra PE session for the whole class that term.</li> </ul>	<p>New PE equipment including storage £2,628.06</p> <p>Yoga instructor to lead CPD- £500.</p> <p>Stamps and certificates for daily mile- £50</p>	<ul style="list-style-type: none"> <li>Allow a larger range of pupils to be active</li> <li>Aid mental health and wellbeing of pupils.</li> <li>Access to an alternative form of exercise.</li> <li>Upskilling staff to deliver diverse PE lessons.</li> <li>Pupils and staff begin to use the outdoor equipment.</li> <li>Allow the safe and secure storage of a variety of different sports equipment.</li> </ul>	<p>Offering a choice for children to still meet the progression of skills for dance and gymnastics via Yoga.</p> <p>A timetable for Yoga to be put in place to be implemented by different year groups throughout the year.</p> <p>Develop pupil voice to feed into decision making for the school clubs and lunchtime provision.</p> <p>Storage provision increased to allow for new equipment and easy access for teachers and pupils to use.</p> <p>Pupils use gym equipment at lunchtimes, playtimes and PE lessons. Fully integrated.</p>

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>Continue to ensure many pupils taking part in competitive sporting activities (Covid-19 permitting)</li> <li>Offer opportunities for children to take part in local athletic competitions.</li> <li>Participate in the local competition of town sports.</li> </ul>	<ul style="list-style-type: none"> <li>Running all the area competitions: including boys/girls' football, cross-country, netball, hockey and indoor/outdoor athletics.</li> <li>Support for school sports leaders and training.</li> <li>Support with transport for children to some competitions.</li> <li>Primary Link Teacher Training: whole day release (course fee included in partnership fee).</li> <li>Arrange friendlies with local schools to allow everyone to play competitively.</li> </ul>	<p>Hastings and Rother partnership £1,500</p> <p>£50 town sports affiliation</p>	<ul style="list-style-type: none"> <li>School attendance at all inter school competitions</li> <li>A broader range of pupils will take part in competitions with a focus on year 3 and 4.</li> </ul>	<p>Competing against other schools competitively and pupils learn the competitive process.</p> <p>PE to attend CPD course to help improve the teaching of PE throughout the school via leading CPD.</p>